



Personalized Menu for a Quiet Time

Now that you've sampled the variety of courses available, choose your menu for tomorrow. Just as you wouldn't order every item on the menu in a restaurant, you don't need to take on more than you can chew in your quiet time. How much or how little you do will depend on how much time you have available. But consider this; *"No large growth in holiness was ever gained by one who did not take time to be often and long alone with God."* (from *Streams in the Desert*, Sept 29)

Appetizers:

Favorite Devotional Reading
Father's Love Letter
One-Word Resolution
Soul Vitamins
Turning Gloom to Gladness
Favorite Quotes
Poem

Salads:

Fresh Praise
Alphabet Praise
Ode to God
Gratitude Journal

Soups:

Surrender Prayers
Letter to God
Ebenezer Stones
Listening Prayer Exercise
Alphabet Prayer
Songs to Pray By

Entrees:

Experience God with all Your Senses
"My Thoughts" Devotional Outline
Bible Treasure Hunt
Quiet Time Fun Formats
Three Things I Pray
Q&A with Jesus
5x5x5 Daily Bible Reading Plan

Desserts:

Exp God thru Images-Picture It!
Exp God thru Images-Memorize It!
Word Art
Heart Map
Life-Verse Road Map
Create Your Own Collage

Create your own personalized menu for tomorrow:

Time of Meal: Breakfast? _____ **Lunch?** _____ **Dinner?** _____

Time available: 20 min _____ 30 min _____ 45 min _____ 1 hour _____ Other _____

_____ min Appetizer: _____

_____ min Salad: _____

_____ min Soup: _____

_____ min Entrée: _____

_____ min Dessert: _____