



15-30-60 Quiet Times

What's Next? Now that you've learned some great new ways to spend time with God, where do you start? Having all these options can still feel a bit overwhelming, so here are some suggestions for how to organize your time, based on how much you have available to spend with Him on a given day.

Step 1: Make an appointment with God each day—15, 30, 60 minutes. Put it on your calendar, if necessary, so you aren't tempted to fill that time with something else. Set your alarm, turn off your cell phone—whatever it takes to keep that time reserved for God.

Step 2: Fill a basket with all the banquet supplies you'll need for your time with God; your Banquet notebook, journal, Bible, concordance, a book of Bible promises, pens, highlighters, colored pencils, glue stick, images, scissors, index cards, devotional books, etc. That way you will have everything on hand, no matter where you end up spending that time.

Step 3: Find a quiet place to get alone with God

Step 4: Choose from the following menu, based on how much time you have. Once you get a feel for how much time you want to spend on the activities, you can expand your menu and get more creative. Be sure to journal what you hear God saying to you in each of these activities.

If you have 15 Minutes:

One Word Resolution

Word Art

Print your favorite song lyrics; pray through them; find images to represent the lyrics

Q&A with Jesus

Read a Psalm out loud, choose a verse, do Experiencing God through Images, Part 1

If you have 30 Minutes:

5x5x5 Bible Reading Plan, Exp God with All the Senses, find an image

Read My Father's Love Letter, Listening Prayer Exercise

Daily Devotional Outline (choose your own passage)

Read one of David's Psalms (3, 4, 6, 59, etc.), Write Letter to God

If you have 60 Minutes:

Alphabet Prayer/Praise, 5x5x5 Bible Reading Plan, One Word Resolution

Experiencing God through Images, Part 1 & 2 (choose your own passage)

Surrender Prayer, Alphabet Prayer List, Create a Prayer Collage

Ebenezer stones, Create your own list of Promises God has given you, find images

*The things you have learned and received and heard and seen in me, practice these things
and the God of peace will be with you.*

Philippians 4:9