

Come to the Banquet

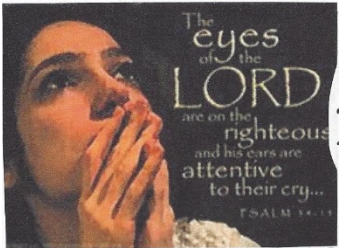
creative quiet time with God

Theme Collage

We will see God reaching out to us in every wind that blows, every sunrise and sunset, every cloud in the sky, every flower that blooms, and every leaf that fades, if we will only begin to use our blinded thinking to visualize it... (Oswald Chambers)

This is a creative, visual way to meditate on God's word about a particular topic. Think of a theme you would like to focus on: love, joy, God's grace, your identity in Christ, etc. (The theme of worry is used in the example below). Select some verses that speak on this topic, find a quote or two, choose some images that represent how you see this theme, and you've got the ingredients for a collage! Once you've created your collage, put it somewhere visible and meditate on the messages you've given yourself whenever you need to be reminded.

Anxiety is the result of "an unused prayer link...like severed power lines, destroying everything they touch...Anxiety wants to be God but lacks God's wisdom, power or knowledge. It is unable to relax in the face of chaos. Continuous prayer clings to the Father in the face of chaos." (from Paul Miller, A Praying Life)

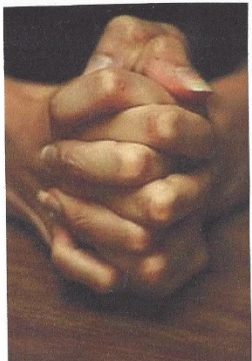


The eyes of the LORD are on the righteous and his ears are attentive to their cry... PSALM 34:15

Be still ... and know that I am God Ps 46:10

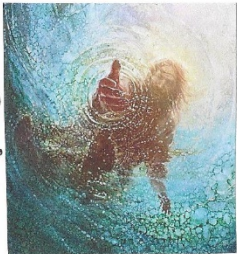
Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.
Phil 4:6 (NLT)

He reached down from heaven and rescued me; He drew me out of deep waters. Ps 18:16



Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes. Matt 6:34

When my anxious thoughts multiply within me, Your consolations delight my soul. Psalm 94:19



O Lord, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me. But I have calmed and quieted my soul, like a weaned child on its mother; like a weaned child is my soul on me. Ps 131:1-2

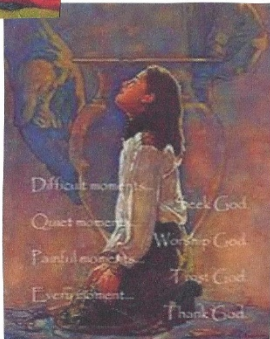
Oh, doubt not any longer, To Him commit thy way, Whom in the past thou trusted, And is just the same today!


Whatever is true...dwell on these things. Phil 4:8

Lord, help me to not dwell on you with white-knuckle intensity!

destroying speculations and every lofty thing raised up against the knowledge of God...taking every thought captive to the obedience of Christ --2 Cor 10:5

Thou wilt keep him in perfect peace whose imagination is stayed on Thee. — Isaiah 26:3 (RV mg)





implies that we don't quite trust that God is big enough, powerful enough, or loving enough to take care of what's happening in our lives. FRANCIS CHAN