

Experience God with all your senses:

Try placing yourself in the story you are reading in the Bible. Observe the action with all your senses, looking for new insights or awareness of God's presence.

For Example: Read John 21:3

Simon Peter said to them "I am going fishing." They said to him, "We will also come with you." They went out, and got into the boat; and that night they caught nothing.

Imagine yourself in the scene

"As Peter pushed the boat off from shore, heaving in the anchor, did he hear the creak of the wooden timbers and the snap of the billowing sails? Did he breathe deeply of the fresh sea air and feel the cool spray of water in his face? Did he smell the pungent odor of fish and feel the coarse texture of the nets, and remember all those earlier years of fishing on the Sea of Galilee with a nostalgia that bordered on longing? Peter seems to have gone back to the old lifestyle from which Jesus had called him."



—Anne Graham Lotz, *Just Give Me Jesus*, p. 319

Now choose your own passage of Scripture: _____

Read it and then answer the following questions:

- What do I see?

- What do I hear?

- What do I smell?

- What do I taste?

- What do I feel?

- What do I wonder?

- What do I believe?

- What do I want to do?