

Bible Treasure Hunt

It has been said by some health experts that the best way to maintain optimum physical health and weight is by "eating large quantities of high-nutrient foods". This rings true for our spiritual health as well. What is the most high-nutrient spiritual food there is? The word of God! We need large doses on a daily basis to be full and satisfied in our spirit. So here's a challenge:

- Start with a fresh Bible that you don't mind marking up. I like using a journaling Bible because there is lots of room in the margin to write notes.
- Choose a book of the Bible and start reading.
- Plan to read at least a chapter a day.
- Search for the 6 themes listed below as you read. Highlight them with different colored pencils as you come across them. This makes your reading feel like a treasure hunt!
- Note key phrases, verses, words, thoughts in the margins; be creative.
- Identify one question you have about what you've read and see if you can find an answer.
- Ask yourself: What message does God want me to get from this passage? What message would I want to share with others?
- Record the date in your margin as you start each new book of the Bible so you can monitor your progress.

Bible Themes (and colors)

WORK (JOB, CALLING, MINISTRY, SERVICE)

WORSHIP (PRAISE, DEVOTION, LOVE, GOD'S WORTH)

WORD (SPECIFICALLY, THE NUTRITIONAL AND HEALTH BENEFITS OF JESUS/GOD'S WORD)

PROMISES (WHAT GOD HAS SAID THAT IS TRUE FOR US)

PRAYER (WHAT GOD SAYS ABOUT PRAYER, EXAMPLES OF PRAYER)

PERSONAL (ONE ISSUE YOU WANT TO FOCUS ON: WORRY, PRIDE, ANGER, FAITH, FEAR, SELFISHNESS, OBEDIENCE, ETC.)



Bible Treasure Hunt Worksheet

Date:	Scripture Read:
Themes Discovered (Verses an	d Observations)
Work:	
Worship:	
Word:	
PROMISES	
PRAYER	
Other:	
A question to be answered (W	no, What, Where, When, Why, How)
Application:	
What have I learned about God	?
What does God want from me?	
What do I want to share with o	hers?
Other takeaways:	
	