



Come to the Banquet

creative quiet time with God

A Letter to God

Prayer starts with getting personal and honest with God. In the Psalms, David often poured out his fears, worries, and complaints to God, finding comfort in His promises. By the end of his personal “letter to God” his initial pain was often replaced by praise and thanksgiving. Using the format below from Psalm 86 and the promises on the next page, try writing your own letter to God.

Dear God,

Problem: (Share the trial or emotion you are struggling with)

David’s Response: *“Hear, O LORD, and answer me; for I am poor and needy”.* Psalm 86:1

My Response: Lately, Lord, I have been feeling _____

Prayer: (tell God what you need)

David’s Response: *“Bring joy to your servant...”* (v.4)

My Response: Lord, I need _____

Promise: (remember what God has said about who He is and what He will do)

David’s Response: *“You are forgiving and good, O Lord, abounding in love to all who call to you.”* (v.5)

My Response: Lord, I remember this promise from your word:

Praise: (tell Him what His promise means to you. Praise precedes victory!)

David’s Response: *“For you are great and do marvelous deeds; you alone are God.”* (v.10)

My Response: I praise You because _____

Plan: (finally, tell God what you will do in response to what you know about Him; be specific)

David’s Response: *In the day of my trouble I will call to you...I will walk in Your truth...I will praise you, O Lord my God, with all my heart...(Psalm 86:7,11,12)*

My Response: Therefore, in gratitude, I will _____