

## Ebenezer Stones

*Then Samuel took a stone,...and named it Ebenezer, saying, "Thus far the LORD has helped us."  
(1 Samuel 7:12)*

Identify specific times in your life when you needed help, strength, or guidance and God answered. Next to each stone below, note the date, the circumstance, and a brief description of how God helped you. Then thank Him for each of these times. These "markers" of God's provision can be a source of great encouragement, and a reminder of His faithfulness, when you face new trials.

