

## Salads

*“Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my rock and my Redeemer.” Psalm 19:14*

Enjoy a crisp, cool selection of praise and gratitude to tantalize the palate and welcome the presence of God to your day. There is no better way to get close to Him than through heart-felt praise and gratitude offered as the first part of your meal. Here you can work on the quality and expression of your communication, through creative projects that will help you connect to your Father in new ways.

### Menu Choices:

Fresh Praise—an introduction to the art of praising Him

Alphabet Praise—this can be done while lying awake on sleepless nights, while driving in the car, or, with a pen in hand at your desk.



Ode to God—become a poet and express your devotion in a new way

Gratitude Journals—make your own journal and begin recording 100’s of things for which you are grateful.

Other –

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