



Menu at a Glance

1.0 Getting Started

- 1.1 Introduction
- 1.2 The Invitation
- 1.3 **Inventory Checklist**

2.0 Appetizers (Bite-Sized Devotions)

- 2.1 Introduction
- 2.2 **Devotional Moments**
- 2.3 Father's Love Letter
- 2.4 One-Word Resolutions / Sample
- 2.5 **Soul Vitamins**
- 2.6 Turning Gloom to Gladness
- 2.7 Quote Collections: Seeing God in Images/ Workshop Quotes
- 2.8 Poem: WAIT

3.0 Salads (Praise and Gratitude)

- 3.1 Introduction
- 3.2 **Fresh Praise**
- 3.3 Alphabet Praise
- 3.4 **Ode to God**
- 3.5 Gratitude Journal Exercise
- 3.6 100's of Things

4.0 Soups (Hearty Prayers)

- 4.1 Introduction
- 4.2 Surrender Prayers
- 4.3 Letter to God / **His Promises for our Pain**
- 4.4 Ebenezer Stones
- 4.5 Listening Prayer Exercise
- 4.6 Alphabet Prayer
- 4.7 **Songs to Pray By / Show Me Your Glory**



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5.0 Entrees (The Meat of God's Word)

- 5.1 Introduction
- 5.2 Experience God with all your Senses / John 21 Worksheet
- 5.3 "My Thoughts" Devotional Outline / Sample
- 5.4 **Bible Treasure Hunt / Worksheet**
- 5.5 Quiet Time Exercises (Fun Formats)
- 5.6 Three Things I Pray
- 5.7 Q&A with Jesus
- 5.8 5x5x5 Daily Bible Reading Plan (NavPress)

6.0 Desserts (Sweet Treats of Artistic Design)

- 6.1 Introduction
- 6.2 **Experiencing God Through Images-Picture It! John 21**
- 6.2 Experiencing God Through Images-Picture It! Psalm 103
- 6.3 Experiencing God Through Images-Memorize It! Psalm 103
- 6.4 Word Art / Sample
- 6.5 **Heart Mapping**
- 6.6 **Life-Verse Road Mapping / Sample Road Map**
- 6.7 Theme Collage

7.0 Resources

- 7.1 Resource List
- 7.2 **Personalized Menu for a Quiet Time**
- 7.3 How to Start a Banquet Club
- 7.4 Banquet Club Feedback Form